Donovan Porterie brings his years of experience as a professional athlete into his work as an instructor and trainer. The result is a challenging, fun and energetic workout. Donovan is one of eVOLVstrong’s most requested trainers and instructors, with his friendly smile and engaging classes, he delivers results no matter what your athletic level. Donovan is CPR certified, Speed & Agility Specialist, Sports Specific Training, HIIT Training for all Ages Male and Female, Olympic Lifting Training